

# ***Coritanian Crippler***

(formerly the Leicestershire Road Club Reliability Trial)



***Sunday 21st February 2010***

**A cycle challenge offering a choice of three distances in north east Leicestershire, Rutland and Lincolnshire.**

**The Crippler;**            80 miles in 6hrs 30 mins. 8.30am  
**The Leg Breaker;**    65 miles in 5hrs 30 mins. 9.00am  
**The Sore Legs;**        50 miles in 4hrs 30 mins. 9.30am

**Leicestershire Road Club, Outdoor Pursuits Centre,  
Loughborough Road, Red Hill Island, Birstall, Leicester**

**Successful finishers are awarded a Certificate and gain the satisfaction that can come only from the completion of a tough ride.**

The total time limits **INCLUDE** time spent in the optional café stop.

**PLEASE NOTE THAT THIS NOT A SPORTIVE**

**The very low entry fee (£3.00)** means there are **NO** route markers, sag wagons, feed stations (but the routes all pass a café), electronic timing, or result sheets and no commercial profit being taken from the event.

You are given a detailed route sheet with clear instructions that were “written from the saddle” and are expected to find your own way round.

Refreshments, changing facilities, toilets and free car parking are available at the HQ.

“**Coritani**” is the name the Romans gave to the tribe of ancient Britons who lived in the area and who built and lived in the Hill Fort at Burrough Hill. This is the highest point on the Sore Legs and Leg Breaker routes, and the second highest on the Crippler which finishes off with the climb of Beacon Hill.

for more details - Dave Binks tel 0116 2296015